

TRACK-SETUPSHEET



BIKE					
RIDER					
TRACK					
DATE		Airtemp.		Tracktemp.	
Setting Data Shock before start		Setting Data Fork before start			Main Data
Spring		Spring		Shock	
Preload		Preload		Fork	
Length		Position		Tyre Setting before start	
Setting		Setting		Set 1	Compound Pressure
Rebound		Rebound		Front	
Compression		Compression		Rear	
Gear ratio		Airspring		Brand	
Laden sag		Laden sag		Temp	F: R:
Unladen sag		Unladen sag			Temp Pressure
STINT 1 back in Pit	Feeling			Front	
	Laptime		Idealtime	Rear	
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					
Change Setting before stint 2		Airtemp.		Tracktemp.	Tyre new?
Setting Data Shock before stint 2		Setting Data Fork before stint 2			Tyre Setting before stint 2
Spring		Spring		Set =	Compound Pressure
Preload		Preload		Front	
Length		Position		Rear	
Setting		Setting		Brand	
Rebound		Rebound		Temp	F: R:
Compression		Compression			
Gear ratio		Airspring			Temp Pressure
STINT 2 back in Pit	Feeling			Front	
	Laptime		Idealtime	Rear	
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					
Change Setting before stint 3		Airtemp.		Tracktemp.	Tyre new?
Setting Data Shock before stint 3		Setting Data Fork before stint 3			Tyre Setting before stint 3
Spring		Spring		Set =	Compound Pressure
Preload		Preload		Front	
Length		Position		Rear	
Setting		Setting		Brand	
Rebound		Rebound		Temp	F: R:
Compression		Compression			
Gear ratio		Airspring			Temp Pressure
STINT 3 back in Pit	Feeling			Front	
	Laptime		Idealtime	Rear	
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					

TRACK-SETUPSHEET

Change Setting before stint 4		Airtemp.	Tracktemp.	Tyre new?	
Setting Data Shock before stint 4		Setting Data Fork before stint 4		Tyre Setting before stint 4	
Spring		Spring	Set =	Compound	Pressure
Preload		Preload	Front		
Length		Position	Rear		
Setting		Setting	Brand		
Rebound		Rebound	Temp	F:	R:
Compression		Compression			
Gear ratio		Airspring		Temp	Pressure
STINT 4 back in Pit	Feeling		Front		
	Laptime	Idealtime	Rear		
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					
Change Setting before stint 5		Airtemp.	Tracktemp.	Tyre new?	
Setting Data Shock before stint 5		Setting Data Fork before stint 5		Tyre Setting before stint 5	
Spring		Spring	Set =	Compound	Pressure
Preload		Preload	Front		
Length		Position	Rear		
Setting		Setting	Brand		
Rebound		Rebound	Temp	F:	R:
Compression		Compression			
Gear ratio		Airspring		Temp	Pressure
STINT 5 back in Pit	Feeling		Front		
	Laptime	Idealtime	Rear		
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					
Change Setting before stint 6		Airtemp.	Tracktemp.	Tyre new?	
Setting Data Shock before stint 6		Setting Data Fork before stint 6		Tyre Setting before stint 6	
Spring		Spring	Set =	Compound	Pressure
Preload		Preload	Front		
Length		Position	Rear		
Setting		Setting	Brand		
Rebound		Rebound	Temp	F:	R:
Compression		Compression			
Gear ratio		Airspring		Temp	Pressure
STINT 6 back in Pit	Feeling		Front		
	Laptime	Idealtime	Rear		
Dynamic Problems	Brake stability		Handling		
	Corner speed		Acceleration stability		
Description					

Contact

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